



LEMA Fitness Memberships At Leading Edge Martial Arts



3239 Hamilton Blvd.
Allentown, PA 18103
610-434-3343
www.leadingedgema.com

Mon.	Tues.	Wed.	Thurs.		Sat.
Kardio Kickbox Power Pump 6:30-8:00pm	Kardio Kickbox 6:30-7:30pm	Kardio Kickbox (Bag gloves required) 10am-11am & 6:30-7:30pm	Kardio Kickbox 6:30-7:30pm		Kardio Kickbox 9:30-10:30am

Free Introductory Class Available.....Must Call For appointment!

Fitness Membership Rates

Punch Cards can be used towards any of the fitness classes.



10 classes \$60 = \$6.00 per class

20 classes \$100= \$5.00 per class

LEMA Fitness Members-Notes

- **Please watch the LEMA monthly calendars for special events that may effect your classes.**
- **Please carry in a dedicated pair of shoes for the mat that are not worn in the street or in the elements.**
- **Please be sure that your shoes do not have black soles or hard soles that can damage the mat.**
- **Please bring a towel for doing floor work.**
- **Weather Closings-Check website, watch for emails, listen to B104 and check WFMZ.com**
- **Please provide us with accurate contact info. including Address, phone #'s and email addresses. Your email address will be used by LEMA to notify you of LEMA special events, schedule changes, and or weather closings.**